



31 play ideas

How many of these ideas can you complete on International Day of Play?

- Build a den
- Chase bubbles
- Dress up
- Go on a treasure hunt
- Have an egg and spoon race
- Have a go at juggling
- Have a wheelbarrow race
- Have fun with chalk
- Host a teddy bears picnic
- Jump in puddles
- Make an obstacle course
- Make can and string 'phones'
- Make cars, castles or spaceships with cardboard boxes
- Make mud pies
- Make musical instruments with old stuff
- Make paper planes and fly them



- Make shadow shapes
- Make slime
- Make sock puppets and put on a show
- Paint each other's faces
- Play charades/give us a clue
- Play floor is lava
- Play a game of tag
- Play clapping games
- Play hide and seek
- Play hopscotch
- Play musical chairs or statues
- Play skipping ropes
- Play tenpin bowling with old plastic bottles
- Pretend to be animals and have a parade
- Put on a dance show



For more ideas, visit our website: www.playfulchildhoods.wales