

Exploring Play Sufficiency

A webinar series

Introducing play sufficiency: why and how

21 January 2025 (12:30pm - 2:00pm)

This is webinar one in a series of four webinars looking at the why, how and what of play sufficiency at multiple scales.

The aim of this webinar is to introduce the concept of play sufficiency, why it matters, and approaches to assessing and securing sufficient opportunities to play.



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Exploring Play Sufficiency: a webinar series



What is it?

As part of further research into the Welsh Government's Play Sufficiency Duty and the adoption and implementation of the concept of play sufficiency in a wider UK context, the University of Gloucestershire and Ludicology, supported by Play Wales, are pleased to bring you **Exploring Play Sufficiency**, a series of four free lunchtime webinars looking at the why, how and what of play sufficiency at multiple scales.

Put simply, play sufficiency is about children having sufficient space, time and permission to play in their everyday lives. In Wales and Scotland, this is a national policy placing statutory duties on local authorities. In England, some local authorities are doing this of their own accord.

Throughout the programme of webinars, we will hear from people who have been working with play sufficiency as both a policy and an organising principle at national, local and neighbourhood level and across different contexts of children's lives. There will also be a chance for questions and discussions.

The webinars work on their own but would be better taken as a package. The broad aims for the programme are to:

- explore the concept of play sufficiency and why it matters
- explore the different spaces in which play sufficiency might apply
- explore what affects play (in)sufficiency and children's capability to play across various spaces
- promote principles of:
 - play sufficiency as an organising principle
 - play sufficiency as methodology and process
 - cross-professional working
 - ethical research and evidence-based responses
- explore tried and tested conceptual tools, methodologies and frameworks
- share examples of possible policy responses to play (in)sufficiency at national, local and neighbourhood level
- explore what makes it possible to do play sufficiency.

Who is it for?

Anyone interested in supporting children's right to play, including policy makers, activists, NGOs, elected members and government officials at national and local level. We think there is something of interest for those who have been working with play sufficiency for years and those who are new to the idea. Priority will be given to people from the UK, but there may be some spaces for those outside the UK.