

Playing and being well: research into practice

A Play Wales national conference



21 November 2024

Sophia Gardens Cricket Stadium
Cardiff

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Join us to celebrate the launch of our latest publication, *Playing and being well*. This conference will be an important opportunity to find out more about the literature review of recent research into children's play, social policy and practice, with a focus on Wales. The result is a groundbreaking and exciting publication which will influence how we plan and provide for children's play.

The literature review investigates the connections between play sufficiency and children's wellbeing. It draws mainly on academic research, across a range of disciplines, but also draws on professional, advocacy and practitioner literature where appropriate. The review focuses on the role of play in children's wellbeing, children's play patterns, and adult support for children's play.

The conference will provide delegates with the opportunity to:

- hear from the authors of *Playing and being well*
- engage in lively debate about the research and how it impacts on your work
- contribute to case study workshops which relate to the research themes, Ministerial Review of Play and play sufficiency
- consider how evidence from the literature review can influence your work with children.

Please note: to get the best out of this conference, we recommend that you read the *Playing and being well: summary* prior to attending the event.

The summary is available at:

www.play.wales/play-policy-legislation/our-research

Who should attend?

The conference is aimed at: play sufficiency officers, childcare and playwork practitioners, local government elected members, and those involved in health, education, active travel, town and community planning.

Delegate rates

This year we are able to offer a discounted delegate rate for supporters in Wales.

- Supporters in Wales: £75
- Delegates outside of Wales: £100

Keynote speakers

- Dr Wendy Russell
- Ben Tawil, Ludicology
- Mike Barclay, Ludicology
- Rocio Cifuentes, Children's Commissioner for Wales
- Keith Towler, Chair of Play Wales Board of Trustees

Information about workshops will be available soon.

To book your place visit:
www.play.wales/events