

# Toddle Waddles

## Report card

### Description

Toddle Waddles is a four-week programme which includes fun physical for those taking their first steps into physical activity. It is for children aged eighteen months to three years to play and have fun while exploring activities and resources with their parents/caregivers.

### Policy instigators and drivers

- Play Sufficiency Duty
- Bridgend County Borough Council corporate plan
- Sport Wales vision

### People instigators and drivers

- Active Young People Development staff
- Halo Leisure
- Bridgend County Borough Council
- Early Years Wales

### Resources/enablers

- Equipment
- Session plan
- Risk assessment
- Partnership
- Venue for delivery
- Marketing and promotional material

### Process

- Research similar programmes – good practice models
- Research benefits of the toddle waddle for children aged eighteen months to three years
- Source funding opportunities to fund the project
- Develop aims and outcomes of the project
- Develop a plan of action for the project
- Complete risk assessments for the programme
- Develop session plans

- Develop resources to support the project
- Develop impact measures and tools
- Develop promotional and marketing materials
- Review and evaluate and programme, what works well and changes to be made for the next programme

## Challenges

- Venue availability
- Instructor availability
- Timings of sessions – a few parents had to leave early to get to schools to pick up older siblings
- Some children not engaging fully in the programme with wanting to be picked up by parents
- Capturing accurate impact of skills developed

## Outputs/outcomes

- Provide sessions for children to have fun while developing fundamental physical skills in a free play environment
- Encourage parent/caregiver and children engagement
- Encourage communication between families during play



[www.play.wales](http://www.play.wales)