

Playful Families Toolkit

Report card

Description

A toolkit designed to help families to audit how much time, space and permission their children have for play. The toolkit provides helpful suggestions on how to encourage more playful moments in everyday life and reduce the barriers they face.

Policy instigators and drivers

- Article 31 of the United Nations Convention on the Rights of the Child (UNCRC)
- Supporting families facing barriers
- Increasing time, space and permissions for play is a priority across Wrexham
- Play Sufficiency Duty

People instigators and drivers

- Wrexham County Borough Council Play and Youth Support Team
- Play Development Worker
- Together Achieving Change (TAC) Team
- Wrexham Family Information Service

Resources/enablers

- Used understanding of feedback from the play team's Inclusion Project
- Support of other organisations through feedback on arising issues for parents and families
- Families First funding
- *Playful Childhoods* website

Process

- Used the team's knowledge of the benefits of play
- Developed and shared a toolkit draft with potential users for consultation
- Finalised toolkit and design
- Used toolkit with families during home visits as part of the play team's Inclusion Project
- Used toolkit during playful parenting drop in sessions
- Trained professionals who work with families in the use of the toolkit

Challenges

- Getting parents to commit to the length of the course
- Shift in attitudes regarding professionals undertaking home visits
- Capacity of team to undertake with multiple cases

Outputs/outcomes

- Supporting parents to feel more confident to let their children play out
- Supporting parents to be more creative and playful in their everyday life
- Increasing play opportunities for children outside of staffed play provision
- Offering support and ideas to families with disabled children/children with additional needs
- Supporting professionals to have a greater understanding of play